



HOMESCHOOL / WFH SCHEDULE

	LITTLE MAMA	LITTLE MAN	MOMMY	DADDY
7:45 am – 8:30 am	MORNING ROUTINE: Wake up, bathroom, change, breakfast, vitamins, brush teeth			
8:30 am – 9:00 am	LA: Sentences/Spelling/Handwriting	SENSORY: Playdoh/Sand	Subject Support/ S. Media	Work
9:00 am – 10:00 am	CONNECT: Friend check-in (online/vid/audio)	FREEPLAY	Tidy/Baby play/ prep school	
10:00 am – 11:00 am	MATH: Workbook/Games/Sheets – Light snack	LEARN - Heavy snack	Subject Support/ S. Media	
11:00 am – 12:00 pm	ACTIVE: Morning walk/Scooter/Bike/Trampoline			
12:00 pm – 1:00 pm	LUNCH	Nap	Meal prep/ Nurse/Nap	Break
1:00 pm – 1:30 pm	ARTS: You tube Draw/Cook/Crafts		Work	
1:30 pm – 2:15 pm	ONLINE OPEN: Reading/Math/Science		Subject support/Work/Meal	
2:15 pm – 3:00 pm	MUSIC: Guitar/ Go Noodle	Wake from Nap/Meal	Prep meal for baby/Guitar/GN	Work
3:00 pm – 4:00 pm	JRR: Read to Brother/ Snack/Freeplay	READING - Freeplay	Reading Support	
4:00 pm – 5:30 pm	CONNECT: Friend check-in/Screen/Dinner prep	LEARN: Tape/Catch	Baby support/Dinner prep/Tidy	4:30 Off/ Baby Duty
5:30 pm – 6:00 pm	DINNER (Tidy)			
6:00 pm – 7:00 pm	ACTIVE: Evening Walk & End of day clean up			
7:00 pm – 7:30 pm	BEDTIME ROUTINE: Bath/Vitamins/ Reading			
7:30 pm – 12:30 am	SLEEPING		Nurse/Work/TV	Prof Development /TV